



- **The Thai Spa...The Authentic Thai Spa Experience**

***Glen Hayward, 'Fine food and fairways', Metro, 18<sup>th</sup> August***

"...we visited The Thai Spa, a truly authentic experience. My companion has lived in Thailand for several years and suggested the treatments were as good as any she had received whilst there. The facilities are outstanding; the treatment and relaxation rooms are tremendous".

***'Lough Erne Golf Resort in Harrods competition' The Impartial Reporter 6<sup>th</sup> August 2009***

"Over 150 Harrods' customers experienced a flavour of some of the treatments available with high quality and trained Lau Erb Thai therapists from The Thai Spa at Lough Erne Golf Resort."

***Laura Davidson, 'Giant Revelation', The Sunday Mail 9<sup>th</sup> August 2009***

"All the therapists, products and even the wallpaper in the eight treatment rooms have been brought in from Thailand. It's the most authentic Thai experience I've had this side of Bangkok."

***Jillie Beattie, "Luxury on the Green", The Daily Mirror, 13<sup>th</sup> June 2009***

"Everything in the spa is genuine. The specialist Thai massage therapists and even the luxury Lau Erb products, have all travelled from Thailand for our pleasure."

***'The Thai Spa at Lough Erne Golf Resort', Spa Secrets, June 2009***

"Thai pampering in Ireland means you don't have to endure a long-haul flight to get a good massage. The Thai Spa at Lough Erne Golf Resort has introduced a selection of male grooming treatments including the Gentlemen's Hot Towel Facial, Herbal Compress and Oriental Scalp Massage."

***Liz O'Dwyer, Pitch'n' Pamper, Image, 1<sup>st</sup> June 2009***

"All treatments in the exquisitely finished Thai Spa are delivered by the endearing Thai Therapist team who treat guests like royalty. I indulged in the Royal Power massage, which left me walking on air and as loose a rag doll. The concept of having two relaxation rooms – one for pre- and one for post treatments- is very impressive. The marvellous mosaic pool area, the light therapy sauna, the crystal aroma steam room, the floral foot washes, the charming eager staff – the list goes on, but in short, no detail is overlooked".

***Ginny McGrath, Times Online.co.uk, 12<sup>th</sup> May 2009***

"The hotel's Thai spa is impressive. It's also true to its name in terms of décor, treatments and expertise – the therapists are all Thai, and exceptionally well trained".

***Jim McCafferty, 'The magic that is Lough Erne Golf Resort', Derry Journal 1<sup>st</sup> May 2009***

"A truly relaxing space for the visitor, in addition to the this tranquil surrounding the ultimate haven was the Thai Spa Experience. It was The Soothing of the soul that appealed to me with a Soul Revival massage an hour long treatment. I highly recommend this treatment to all."

**Gemma Fullam, Unwind in style, Sunday Independent, 19<sup>th</sup> April 2009**

"Spas should be opulent, cocooning, warm, luxurious. This one is certainly that. The ambience instantly transported me, to an oriental state of mind. I had a Royal Power Massage...this was in a league all of its own. May concentrated her efforts on legs, arms and shoulders, varying between traditional effleurage and firm pressure, using her hands, forearms and elbows. More than a week later, I'm still totally pain-free in my shoulder and neck area, which is unprecedented".

**Elle, Travel section, April 2009**

"If the waterside location isn't enough to visit, the Thai Spa has 8 treatment rooms a thermal suite, light therapy sauna and an indoor infinity pool".

**'10 best Mother's Day Surprises', Irish Independent, March 14<sup>th</sup> 2009**

"New mum niceties, got a new or expectant mum in your house? If so you may be interested in two packages designed by Lough Erne Golf Resort to relieve fatigue, increase energy, banish dry skin, alleviate fluid retention and prevent stretch marks. The 'Great Expectation', 'Special Delivery Indulgence'.

**Claire O'Mahony, Sunday Tribune Magazine, Rest and play, March 1<sup>st</sup> 2009**

"The authentic Thai Spa adds a further touch of class".

**Richard Brugger, 'Men's therapy', Spa World, Issue 21 2009**

'The décor is distinctly Thai...from dark wood floors to bold floral patterns and rich hues of red, green and gold; it certainly makes a nice change from wall-to-wall neutrals. I experienced the Body Revival treatment...this version judges things beautifully. The combination of hot herbal compresses and pressure point techniques loosens tense muscles and tender minds – a great pre- or post-game loosener!'

**John Hooks, The Weekender, 'Erne-ing Par...', 6 February 2009**

'By this stage we thought we were relaxed as we could be – we were wrong! The Lough Erne Golf Resort is home to an amazing Thai Spa. The process began with a time of relaxation and a fruit smoothie before my therapist escorted me to the treatment room...massaging my soul back into complete revival – an experience everyone should have once in their life.'

**IN! Beauty, Get the Look, 'Relaxn', IN! Magazine, January 2009**

'...the Thai Spa at Lough Erne Golf Resort is nothing short of heavenly. Who's it for? Anyone in need of a day of escapism and utter pampering!'

**Alanna Gallagher, Irish Times, 10 top spa delights, 6 December 2008**

'The Thai Spa offers the genuine article, a deep-tissue Thai massage that includes vigorously assisted yoga movements to increase flexibility – the lazy man's yoga.'

**Lorraine Johnston, Hooker Rugby, 'His & Hers Pamper Weekend', Nov/Dec 2008**

'It felt like we were entering a different world....It was the most amazing one-hour experience I have ever had. To say we were relaxed and revived would only begin to explain what was truly a pampering extravaganza!'

**Zest Magazine, November 2008, Travel Section**

"5 BEST SPA NEWCOMERS...The Thai Spa, Lough Erne Golf Resort"

**Liam Stebbing, The Irish Times, Go Ireland, Saturday November 15<sup>th</sup> 2008, 'Fermanagh casts its spell'**

"...the most relevant point is that a couple of hours in the spa makes you feel you're getting the full luxury experience, from the 'light therapy' sauna'...to the super duper pre-massage shower, whose settings – Caribbean, Atlantic and more...if you don't feel better after a few minutes under its jets, you've lost your sense of humour."



# LOUGH ERNE

G O L F R E S O R T

